

SORRENTO PRIMARY SCHOOL SUNSMART POLICY

Reviewed: 21st February 2018 Next Review Date: February 2021

PURPOSE

The school requires that staff, students and the parent community have a strong understanding of the need to be Sunsmart - the need to protect their skin from damage, caused by harmful ultraviolet rays from the sun.

BROAD GUIDELINES

- 1. All students must wear a broad brimmed hat outside from September to the end of April.
- 2. From May until August, sun protection measures are not used unless the UV Index level reaches 3 and above when hats and other sunsmart measures may be required at the discretion of the Principal
- 3. Hats are a part of the uniform in accordance with the school's Uniform Policy. A red wide brimmed hat is required. Hats are available for purchase at the school.
- 4. Students without hats must stay/play in the Octopus' Garden or in the shade on the basketball court.
- 5. Staff will act as role models by practising Sunsmart behaviours.
- 6. Particular care is taken between 10am and 3pm when UV Index levels reach their peak during the day.
- 7. Staff will employ a flexible approach in the conducting of their Fitness/PE and Sports Programs, depending on the severity of ultra-violet danger; eg. make use of the covered basketball court.
- 8. School clothing is made of close weave fabric and includes shirts with collars and longer sleeves, longer style dresses and shorts and rash vests or t-shirts for outdoor swimming.

IMPLEMENTATION

- 1. Hats will be worn in all outside activities from September to the end of April.
- 2. If any student is not wearing a hat or covering clothing in the open, then the teacher on yard-duty will instruct the student to put on a hat or covering clothing. The student may return to the classroom to find the hat or covering clothing. If the hat or covering clothing cannot be located then the student will be instructed to play in one of the designated shade areas.
- 3. Students who have left their hat at home will briefly visit the Teacher Resource Room at the commencement of recess/lunch to be reminded to bring their hat or to be supported to check Lost Property.
- 4. Students, staff and volunteers are to wear broad brimmed hats and appropriate sun protection clothing and SPF 30+ broad spectrum water resistant sunscreen during outside PE/Sport sessions, yard duty, camps, excursions and other school activities.
- 5. Students my provide their own SPF 30+ broad spectrum water resistant sunscreen or use the sunscreen available in each classroom.
- 6. Students will be reminded to apply sunscreen prior to going outdoors and be reapplied every two hours if outdoors.
- 7. Strategies are in place to remind students to apply sunscreen before going outdoors (e.g. reminder notices, sunscreen monitors, sunscreen buddies).

- 8. The Facilities Sub Committee of the School Council, in conjunction with the Student Council, will continue to review the grounds area for further upgrading of tree planting/provision of shaded areas, as deemed necessary.
- 9. The availability of shade is considered when planning excursions and all outdoor activities.
- 10. Students are encouraged to use available areas of shade when outside.
- 11. The Sunsmart Policy will be monitored by the school, with the assistance of the Student Council, and regular reminders will be made at school assemblies.
- 12. Sunsmart programs will be incorporated into the school curriculum.